



Building Community, One Room At a Time

Durham Housing Authority's Preiss-Steele provides 82 affordable housing apartments for Durham's low-income older citizens. Gretchen "Skeeter" Schlager has been living in Preiss Steele since 2012. Over the years, she--and as she's quick to say, with the help of

many--was able to convert a dark and dreary “living room” into a welcoming, thriving, communal space with coffee, games, puzzles, food, and donated goods, all in a brightly painted atmosphere.

Aging Well Durham found Skeeter and cohort's story relevant to its focus on Social Participation. While Gretchen Schlager is clearly an exceptional person, AWD believes this model could happen in other shared spaces.

[To read AWD's interview with Gretchen Schlager, click this sentence.](#)



Community Resources, Food, and "Brain Dancing," The Golden Life Partnership's Resource Fair

In collaboration with Aging Well Durham and other partners, the Golden Life Partnership hosted a community resource fair at JJ Henderson on Monday, November 10. The purpose of the fair was to bring community groups directly to the JJ Henderson residents and to promote membership with the Partnership.

[To read about it and see pictures, click this sentence.](#)



Aging Well Durham and Durham's Main Library Help Older Adults Avoid Online Scams

Aging Well Durham and Durham Main Library had an opportunity to collaborate and produce a workshop: "Avoiding Online Scams," with Jimmy McKinnell, Technology Engagement Senior Librarian. There will be opportunities for more workshops in the future, both in person and online, so stay vigilant for scams and watch our social media for updates.

[You can also follow our events \(and others\) on our events page, by clicking this sentence.](#)



Friends and Neighbors: Pauli Murray

Aging Well Durham dedicates this corner of the newsletter to the fantastic folks of Durham, historic and present day. December's "Friend" is Pauli Murray, a person who lived many lives and broke through many barriers. When society told the Rev. Dr. Pauli Murray "no," Pauli turned it into a "yes, and."

[To read more about the Rev. Dr. Pauli Murray, click this sentence.](#)



Holiday Resources

[Please click this sentence to be taken to our Resource page on our website! Thank you for an amazing year and stay safe and warm.](#)

If you are using a device with a small screen, the best way to view the newsletter may be in landscape mode



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CLICK THIS BAR**

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Durham Comprehensive Aging Plan**

