



Joyce Page, Champion of Health Education, Retires This Month



Joyce Page has been working for the good health of Durhamites her entire career. Born in the Fayetteville Street neighborhood, young Joyce was captivated by the local hospital nurses. She decided she wanted to have a life dedicated to helping others, and so she has.

Would you introduce yourself please, and tell us your title?

I'm Joyce Page, and I am a public health education specialist

here at Durham County Department of Public Health. My title is Coordinator. I'm the head of the Men's Health Council, and I also do other activities as a public health education specialist.

I am a master trainer for Chronic Disease Self-Management programs and a master trainer for the Falls Prevention Program. They're both licensed programs that have been in existence for more than 30 years.

Really?

Mm-hmm. The Falls Prevention Program started in the 1980s so that would give them 30 years, and the chronic disease self-management program started at Stanford in the 1990s.

They've been around, and they have proven to be successful when you follow the curriculum. And, well, you went through the program. You went through the Chronic Disease Self-Management Trainer program.

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Carmelita Karhoff, Leading Advocate for a Dementia-Inclusive Durham

AWD: Thank you so much. We really appreciate you taking the time to do this for us today. I went to the forum (Dementia Inclusive, Inc. hosts an annual [Forum at the Durham Convention Center, September 23rd](#) last year and it blew my mind. It was so informative and

it really shifted some of the ways that I had been thinking about dementia.

Carmelita: Good to hear.

So jumping right in, can you tell us a little bit about your background?

I'm older and things have shifted. But the experience in my youth, I would say, carried on to my older years and up to this point.

And there, specifically, two quotes that I've always kept close to my mind. The first one is a Latin term. "Caritas Christi urget nos," which translates to, "the love of Christ urges us."

I was raised in a very very Catholic community and family and school. And so that was probably guiding all of my extracurricular activities. Especially when I was in high school. I remember, for example, convening a group of my friends so that every weekend we would visit the slums outside the city.

Oh, wow.

I see how the kids are doing. How are families doing?

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Aging Well Durham
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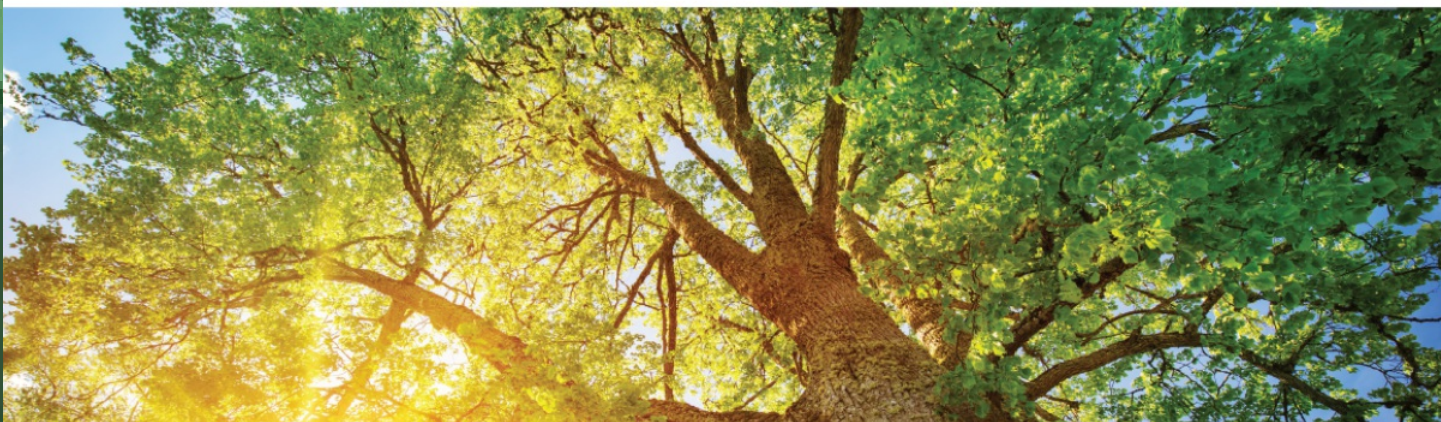
Tuesday, August 18th @ 2pm

For Directions and Parking
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919-884-7741 Sam



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Professor Emeritus, John W. Hatch, Created Community Health Centers for ALL Communities

August is National Health Awareness Month. In addition to the interview with Joyce Page, and Carmelita Karhoff, Aging Well Durham is highlighting the work of Dr. John Hatch. Dr. Hatch worked to find sustainable solutions to improve community health and to uplift Black, and other marginalized people's care.

Dr. John W. Hatch fundamentally changed how healthcare organizations work with communities by establishing the first Community Health Center (CHC), Delta Health Center, in Mound Bayou, Mississippi in 1965 along with community members, Dr. Jack Geiger and Dr. Count Gibson.

Formerly enslaved people founded Mound Bayou in 1887. Understanding that social conditions shape community and individual health, the Delta Health Center provided comprehensive community health services, including primary care, transportation, nutrition programs and a cooperative farm with a cannery and bookstore. Delta Health Center is the first Federally Qualified Health Center in the United States and still operates [today](#).

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